



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SUMMER OF FUN SWIM LESSONS

## Registration For Both Sessions Opens 5.28.24 at 8:00am

Monday - Thursday Classes (Occur Twice a Week)

Session 1: 6.17.24 - 7.11.24 (Registration Closes 6.8.24)

Session 2: 7.22.24 - 8.15.24 (Registration Closes 7.13.24)

Saturday Classes (Occur Once a Week)

6.22.24 - 8.10.24 (Registration Closes 6.8.24)

An evaluation is required to register for all levels with the exception of our beginner levels: Skips, Pikes, Polliwog 1 and Intro to Swimming.

For more information or to schedule a swim evaluation, please call 973.267.0704 ext. 115 or email [swim@morristownymca.org](mailto:swim@morristownymca.org). If you need help accessing your membership account, or need us to set you up with an online account, please reach out to the Member Services Desk at 973.267.0704 and we will be happy to help you.



\*Beginner Level. An evaluation is not necessary for this class.

# WEEKDAY CLASSES

### Parent & Child Lessons - ages 6 months to 3 years old (Fee: \$105.00)

SKIPS 1 & 2\* Tues/Thurs 6:00pm - 6:30pm

### PreSchool Lessons - ages 3 to 5 (Fee: \$105.00)

Pike\* Mon/Wed 4:00pm - 4:30pm

Pike\* Mon/Wed 5:10pm - 5:40pm

Pike\* Tues/Thurs 4:00pm - 4:30pm

Pike\* Tues/Thurs 4:35pm - 5:05pm

Eels Mon/Wed 4:00pm - 4:30pm

Eels Mon/Wed 6:00pm - 6:30pm

Eels Tues/Thurs 4:00pm - 4:30pm

Eels Tues/Thurs 6:00pm - 6:30pm

Rays/Starfish Mon/Wed 4:35pm - 5:05pm

### PreProgressive Lessons - ages 6 to 12 (Fee: \$105.00)

Polliwog 1\* Mon/Wed 4:00pm - 4:30pm

Polliwog 1\* Mon/Wed 4:35pm - 5:05pm

Polliwog 1\* Tues/Thurs 4:35pm - 5:05pm

Polliwog 1\* Tues/Thurs 6:00pm - 6:30pm

Polliwog 2 Mon/Wed 4:35pm - 5:05pm

Polliwog 2 Mon/Wed 6:00pm - 6:30pm

Polliwog 2 Tues/Thurs 4:00pm - 4:30pm

Polliwog 2 Tues/Thurs 4:35pm - 5:05pm

### Progressive Lessons - ages 6 to 12 (Fee: \$145.00)

Guppy Mon/Wed 5:10pm - 5:55pm

Guppy Tues/Thurs 5:10pm - 5:55pm

Minnow Tues/Thurs 5:10pm - 5:55pm

Fish/Flying Fish Mon/Wed 5:10pm - 5:55pm

Fish/Flying Fish Tues/Thurs 5:10pm - 5:55pm

# SATURDAY CLASSES

### Adult/Teen Classes - age 13+ (Fee \$105.00)

Intro to Swimming\* Saturday 8:25am - 8:55am

Intro to Swimming\* Saturday 9:00am - 9:30am

Intro to Swimming\* Saturday 9:35am - 10:05am

Intro to Swimming\* Saturday 11:55am - 12:25pm

Beginner Saturday 10:10am - 10:40am

### Adult/Teen Classes - ages 13+ (Fee \$145.00)

Intermediate Saturday 10:45am - 11:30am

Advanced Saturday 11:35am - 12:20pm

### Progressive Lessons - age 6 to 12 (Fee: \$145.00)

Minnow Saturday 11:05am - 11:50am

# COMPETITIVE COACHING WORKSHOP

### Levels 1 & 2 (Fee: \$160.00)

Level 1 Tues/Thurs 6:30pm - 7:30pm

Level 2 Tues/Thurs 7:30pm - 8:30pm